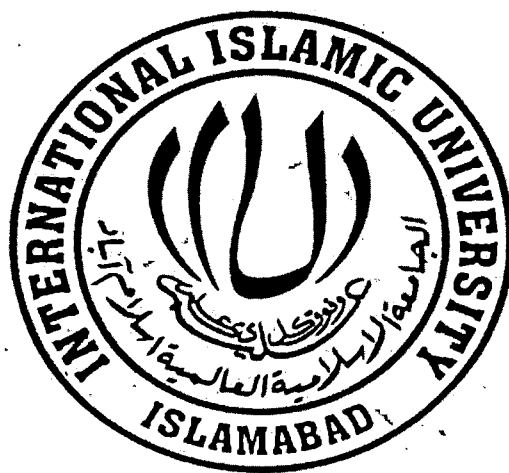


**Determination of Colorectal Cancer Associated Genetic  
Changes in *TRAIL* and *DR4* Genes in Pakistani Population**



**By**

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***Faculty of Basic and Applied Sciences***

**International Islamic University, Islamabad**

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# **Determination of Colorectal Cancer Associated Genetic Changes in *TRAIL* and *DR4* Genes in Pakistani Population**



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بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

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## International Islamic University, Islamabad

Dated:

31-08-2015

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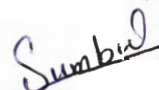
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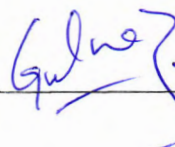
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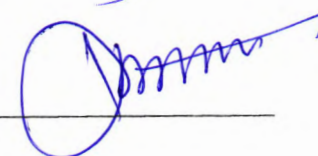
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fulfilment of requirement for the award of the  
Degree of MS Biotechnology**

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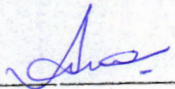
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PARENTS

## DECLARATION

I hereby declare that the work present in the following thesis is my own effort, except where otherwise acknowledged and that the thesis is my own composition. No part of the thesis has been previously presented for any other degree.

Date 31-08-2015

  
Amna Zahoor



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*Amna Zahoor*

**LIST OF ABBREVIATIONS**

Acronym	Abbreviation
°C	Degree Celsius
μL	Microliter
ACD	Acid Citrate Dextrose
Arg	Arginine
ARMS	Amplification refractory mutation system
ASR	Age standardized incidence rate
bp	Base pair
CRC	Colorectal cancer
DD	Death domain
dH <sub>2</sub> O	Distilled water
DMSO	Dimethyl Sulfoxide
DNA	Deoxyribonucleic acid
DcR	Decoy receptors
DR	Death receptor
dNTP	Deoxyribose nucleotides Triphosphate
EDTA	Ethylene Diamine Tetra Acetic Acid
FADD	Fas- associated death domain
FAP	Familial adenomatous polyposis
Fig	Figure
GISTs	Gastrointestinal Stromal Tumours
HCl	Hydrochloric acid
HNPCC	Hereditary non-polyposis colorectal cancer
KCR	Karachi cancer registry
KHCO <sub>3</sub>	Potassium carbonate
KRL	Kahuta Research Laboratories
LS	Lynch syndrome

MgCl <sub>2</sub>	Magnesium chloride
MMR	Mismatch repair
NH <sub>4</sub> Cl	Ammonium chloride
p	p-value
PCR	Polymerase chain reaction
RFLP	Restriction fragment length polymorphism
rs	Reference SNP ID Number
rpm	Revolution per minute
SDS	Sodium dodecyl sulphate
SNPs	Single nucleotide polymorphism
SPSS	Software package Used for Statistical Analysis
STE	Sodium chloride, tris-HCl and EDTA
TBE	Tris borate-ethylene diamine tetra acetic acid
TE	Tris EDTA
sTRAIL	Soluble TRAIL
Thr	Threonine
TNF	Tumour necrosis factor
TRAIL	TNF-related apoptosis inducing ligand
UV	Ultra violet
$\chi^2$	Chi-square value

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## ABSTRACT

Cancer is a multifaceted and genomically complex disease and rapidly emerging preclinical and clinical research has started to shed light on the underlying mechanisms which confound standardization of therapy. Substantial fraction of information has been added into the colorectal cancer biology and it is now known that genetic/epigenetic mutations, overexpression of oncogenes, inactivation of tumour suppressor genes, dysregulation of spatio-temporally controlled signaling pathways, resistance against molecular therapeutics and loss of apoptosis are contributory in cancer development and progression. *TRAIL* mediated signaling is a deeply studied molecular mechanism and *TRAIL* based therapeutics have entered into various phases of clinical trials. It is relevant to mention that mutations in *TRAIL* and/or *DR4* are reportedly involved in carcinogenesis. These mutations have not previously been studied in our population. We selected 100 patients with colorectal cancer and 100 healthy, sex and age matched volunteers randomly. C626G and A1322G in *DR4* gene were analyzed using Polymerase Chain Reaction (PCR)-Restriction Fragment Length Polymorphism (RFLP) and Amplification Refractory Mutation System (ARMS) techniques. *TRAIL* gene 1595 C>T genotype percentage in colorectal cancer patients was statistically non-significant. CC was 43.3% in patients and 49.7 in controls. CT was 44.4% in patients and 43.5 in controls. TT was 12.2% in patients and 6.7% in controls. *DR4* gene 626 C>G genotypes percentage analysis indicated that CC was 28.3% in patients and 1.9% in controls. GC was 41.7% in patients and 40.4% in controls. GG was 30% in patients and 57.7% in controls. Interestingly, in our population, colorectal cancer patients had significantly higher percentage of CC genotype ( $p<0.05$ ). Moreover, GG genotype was significantly higher ( $p<0.05$ ) in controls.

# **Chapter 1**

## **INTRODUCTION**

## INTRODUCTION

Colorectal cancer (CRC) belongs to the heterogeneous group of disorders. It is a complex genetic disease in which dietary and lifestyle habits as well as genetic and somatic mutations play a contributory role. Colorectal carcinoma is the cancer of colon and rectum and is most prevalent among western population, several risk factors have been identified that leads towards disease development. Adenomas are primary precursors that leads to colorectal carcinoma. Polyps are pre-neoplastic lesions that vary according to their histology. Serrated polyps arise from hyperplastic polyps and are transformed into cancer. Colorectal cancers are classified previously based on their anatomy and location but recently molecular classification is based on chromosomal and genomic instability. Several evidence suggests that origin of colorectal cancer is multifactorial and both genetic and environmental factors intertwined with genetic factors (Potter and Linder, 2009).

Colon is the lower part of the intestinal tract that extends from caecum to rectum. Absorption of water and salts from undigested food occurs in the colon and waste material move towards rectum. The colon is lined by mucinous membrane and inhabited by a vast majority of bacteria that perform many crucial functions necessary to extract energy from food (AICR, 2014). The anatomy of colon and rectum is shown in Fig. 1.1. Colorectal cancer progresses through different stages from stage 0 to stage 4 and is represented in Fig. 1.2.

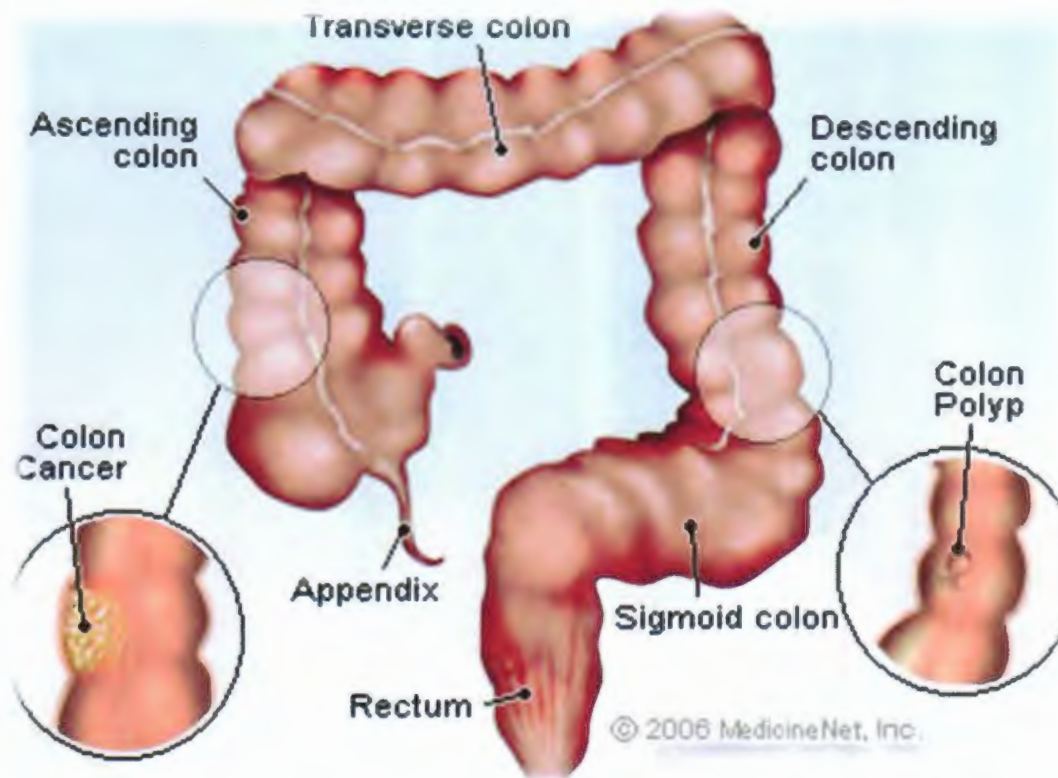


Fig. 1.1: Anatomy of Colon and Rectum (Retrieved from <http://healthdoctrine.com/detecting-colon-cancer-at-an-early-stage>)

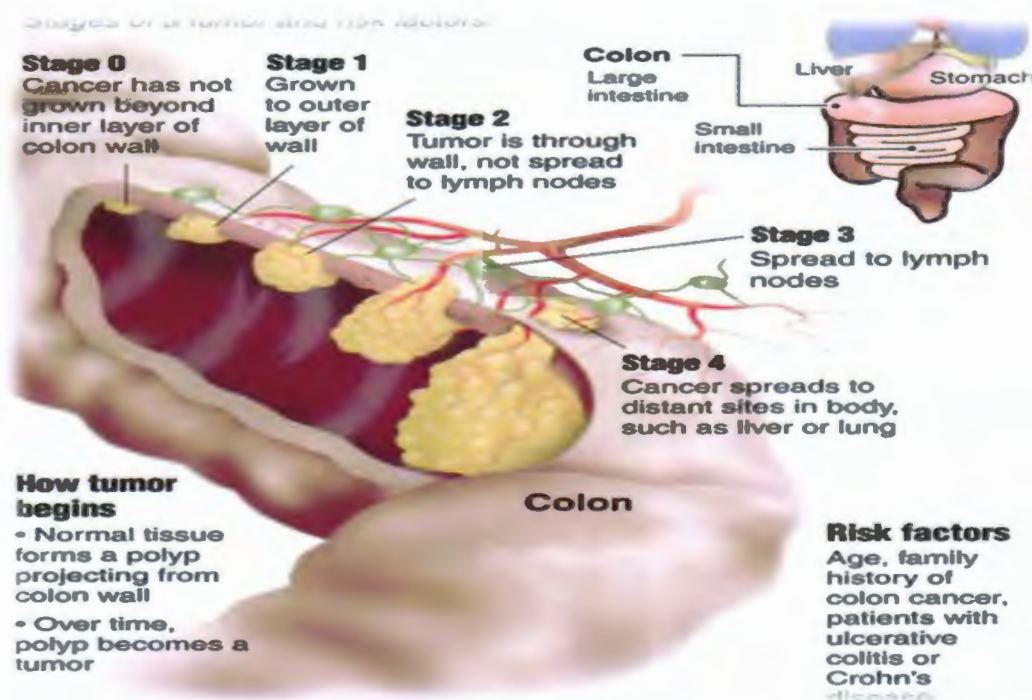


Fig. 1.2: Different stages of colorectal cancer (Retrieved from Mayo clinic, University, Medical cancer center)

## 1.1 Epidemiology

Nowadays colorectal cancer (CRC) has become a common public health problems throughout the world. The prevalence of colon cancer exhibits a striking geographic variation. Approximately 1 million new patients of colorectal cancer are diagnosed annually that is approximately 9.5% of all new cancer cases and nearly half of them die (Stewart *et al.*, 2003; Ansari *et al.*, 2006; Erichsen *et al.*, 2013 and Jess *et al.*, 2013).

Worldwide, CRC is the 3rd most common carcinoma in males and fourth primary cause of cancer associated deaths in both females and males (Boyle *et al.*, 2002; Jemal *et al.*, 2011; Karaca *et al.*, 2012; Chiu *et al.*, 2013). The collective prevalence of CRC in western Europe and north America, and Middle East countries is 30-50 and 3-7 cases/100000 persons, respectively (Hind *et al.*, 2008; Elsamany *et al.*, 2014). In Middle East and European countries only 15-35 and 2-8% of CRC cases occurred in persons below the age of forty years respectively (Gruenberger *et al.*, 2008; Hind *et al.*, 2008). According to Iranian cancer registry colorectal cancer is the third most prevalent cancer in females and fifth in males (Iranian Annual Cancer Report, 2005-2007) which is the same as the outcomes of globocan report (Globocan, 2008).

Also globocan report showed that colorectal cancer is the fourth most prevalent cancer in Iran. In many Mediterranean regions, CRC is the third most common cancer (Akhavan *et al.*, 2014). CRC has almost the same frequency of occurrence in Iran and Mediterranean countries. At first, advanced countries have high incidence of CRC because the risk factors involved were prevalent there, but recently CRC has become widespread in developing countries that had low risk factors (Caygill *et al.*, 1996; Chao *et al.*, 2005; Baghestani *et al.*, 2014).

Incidence rates vary worldwide with lowest incidence rate in India and highest rates in Japan. Incidence of cancer increases with age. Frequency of colon cancer is almost equal in both males and females but rectal cancer occurs more frequently in men than in women (ACS, 2006).

Industrialized countries exhibit the maximum incidence, whereas China and South American countries have low penetrance. These differences are mainly due to variation in diet and other environmental factors (Tamura *et al.*, 1996). The



incidence of colorectal cancer was lower in Japan as compared to America but with industrialization and adaptation of Western lifestyle rate has increased. Moreover, Japanese who have migrated to America, have a high frequency of cancer attributed to environmental factors like other Americans (Tamura *et al.*, 1996).

In America, life time risk for colon cancer is almost one in seventeen (Cappell, 2005). In the United states CRC is the main cause of almost 10% of cancer related deaths (Jamal *et al.*, 2007). The incidence of CRC also vary in different ethnic groups; American blacks have a low risk for colorectal cancer compared to whites (Satia *et al.*, 2004). Likewise the incidence rate was low in American Indians (Ries *et al.*, 2001). The prevalence is lower in American women as compared to men (Cappell, 2005). The frequency of getting colorectal cancer increases with age, with ninety percent of cases arise after 50 years of age, and only four percent of cases diagnosed before age forty years (Cappell, 2003).

Worldwide, almost 1.2 and 1.7 million new patients of colorectal cancer were diagnosed in 2008 and 2012 respectively. According to data of Karachi cancer registry (KCR), age standardized incidence rate (ASR) for all types of cancers are 204.1/100,000 in females' and 179.0/100,000 in males. In Pakistan, ASR particularly for colon cancer is 2.8/ 100,000 in females and 3.2/100,000 in males (Bhurgri *et al.*, 2000; Bhurgri *et al.*, 2006a). Colorectal cancer has been proved as a significant problem for global health as it is the main reason of morbidity and mortality (Zhang *et al.*, 2014).

## 1.2 Pathophysiology of colorectal cancer:

Colorectal cancer is the most studied and understood complex genetic disorder. The carcinogenesis of colorectal cancer begins in colonic mucosa with the formation of particular types of neoplastic polyps/cysts. Determining the histology of polyp is essential to know its malignancy. The two common types of histologic polyps are:

1. Hyper-plastic polyps and
2. Adenomatous

Histologically, hyperplastic polyps are devoid of nuclear hyperchromatism, stratification or atypia, have reduced cytoplasmic mucus and higher number of glandular cells (Tsai *et al.*, 1995). The nuclei in adenomatous polyps are usually

clustered in a palisade arrangement and are enlarged, cigar-shaped and hyperchromatic. Adenomas are categorized into 2 types, tubular and villous. Based on the histology, villous adenoma consist of digitiform villi organised in a frond while tubular adenomas are comprise of branched tubules. Tubulovillous adenomas consists of both tubular and villous adenomas.

Most colorectal cancer originate from adenomas in a step by step process. First step in the development of colorectal cancer is the formation of 1 or more synchronous adenomas. Secondly, increasing number of polyps in the colon increases the risk of cancer (Heald *et al.*, 1975). In the third step, adenomatous tissue normally is found contiguous to carcinoma (Cappell, 2005). Then if colectomy is not performed than patients having hundreds or thousands of adenomatous polyps, are eventually transformed into cancer (Bussey, 1975). In patients having adenomatous polyps with size greater than 1 cm develop CRC at a higher frequency (1%-1.5% per annum) (Stryker *et al.*, 1987).

Although most hyperplastic polyps are not linked with risk of colorectal cancer development (Winawer *et al.*, 2006), some pose a risk factor for cancer development. Hyperplastic polyps can be malignant if polyp size is large (greater than 1 cm in diameter), greater number of hyperplastic polyps in the colon (>20) and having colorectal cancer in the first degree relative (Jass, 2004). Recently hyperplastic polyp are reclassified as serrated adenoma (Higuchi and Jass, 2004). A serrated adenoma differs from an ordinary hyperplastic polyp by abnormal propagation of crypt epithelium and by nuclear atypia (Chulmska *et al.*, 2006). In one study, approximately 18% of removed hyperplastic polyp specimens were reclassified as serrated adenomas using the revised classification (Törlakovic *et al.*, 2006). Considerable evidence suggests that serrated adenomas can eventually results in cancer development (Jass, 2004).

### 1.3 Histology

Colorectal cancers are categorized into well differentiated, poorly differentiated and moderately differentiated based on the cytology and how much glandular structure of the cell is preserved. Poor differentiation probably serve as a histologic marker of severe genetic mutations, but the underlying mutations are currently unknown. Poorly differentiated constitutes approximately 20% of cancers



and have a poor diagnosis (Hassan *et al.*, 2005). About 15% of colorectal cancers have intracellular accumulation of mucin and are classified as mucinous, or colloid. In the signet ring cell carcinoma, the nuclei are displaced peripherally because of high content of accumulated mucin. This also has a poor prognosis (Kang *et al.*, 2005).

Other colorectal cancers are rare. Kaposi's sarcoma of the colon is may be due to a disseminated disease with the acquired immunodeficiency syndrome (Janier *et al.*, 1987). Lymphoma of the colon is infrequent and is a non-Hodgkin's lymphoma. It might be related with the AIDS (Cappel and Botros, 1994). Carcinoid rarely happens in the colon, they are usually found in the rectum or appendix.

## 1.4 Symptoms

The classical symptoms of colorectal cancer includes constipation, although constipation can be due to a number of reasons; one of them is low fiber intake, so high fiber intake can be considered can be as an important component in the prevention of colorectal cancer (Trock *et al.*, 1990; Mantovani *et al.*, 2001). Another symptom include anorexia which is observed in 80% patients, is usually found in advance stages of cancer and can lead towards death of patient (Whynes and Neilson 1997). Other symptoms include lack of energy, diarrhea, rectal bleeding and incomplete bowel evacuation (Perwez *et al.*, 2003).

Symptoms depend on size of cancer, presence and absence of metastasis and cancer location. There is an increases probability of left colon than right colon cancers to result in partial or complete blockage of intestine because of the narrow lumen of left colon it reabsorbs water in the proximal colon and contains better formed stool (Cappell, 2005). Large exophytic cancers have increased probability to block the lumen of the colon. Partial obstruction causes nausea, abdominal pain, abdominal distension and constipation.

Cancers in the distal part of the colon sometimes result in rectal bleeding, but cancers in the proximal part of the colon seldom cause bleeding because during colonic transit the blood gets mixed with stool and is degraded chemically. Patient may suffer from anemia in the absence of rectal bleeding due to bleeding from proximal cancers. The anemia causes weakness, fatigue and dyspnea or palpitations. Advanced metastatic

cancer, produce cancer cachexia along with a series of symptoms including weight loss, anorexia, poor health and muscle weakness (Cappell, 2005).

## 1.5 Types of colorectal cancer

Colorectal cancer can be divided into several types.

### 1.5.1 Adenocarcinomas:

95% of colorectal cancer are adenocarcinoma. Adenocarcinoma begin in the gland cells that lubricate the inside of the colon and rectum by producing mucus.

Other types of tumour include the following;

**1.5.2 Carcinoid tumours:** carcinoid tumours begin within specific hormone-producing cells in the colon.

**1.5.3 Gastrointestinal stromal tumours (GISTs):** GISTs begin from specific cells in the wall of the colon called the interstitial cells of Cajal. Few are malignant while others are benign. These tumours are rare in the colon but can be found anywhere in the digestive tract.

**1.5.4 Lymphoma:** These are cancers of the immune system cells and are usually found in lymph nodes but may also start in the colon and rectum.

**1.5.5 Sarcomas:** These tumours are typically found in blood vessels as well as in connective tissue and muscle in colonic and rectum wall. Colon and rectal sarcomas are rare.

## 1.6 Risk factors:

Risk factors that increases the susceptibility of colorectal cancer can be broadly classified into two categories;

- Environmental risk factors,
- Genetic risk factors

### 1.6.1 Environmental risk factors

CRC has a positive relationship with non-physical activity, diet with high rate of fats and low vegetables, obesity, and smoking (Fernandez *et al.*, 2002; Hjartaker *et al.*, 2013; Robsahm *et al.*, 2013).

#### 1.6.1.1 Diet

The role of nutrition factors was discovered in many studies but the results are variable (Caygill *et al.*, 1996; Coups *et al.*, 2007). Countries with high rates of meat consumption have a higher incidence of colorectal cancer (Fateh, 2008; Kim *et al.*, 2013). While in Mediterranean countries the occurrence of CRC is lower than western countries because of high intake of fruits, vegetables and olive oil (Bamia *et al.*, 2013). Furthermore, Kamano *et al.* (1999) reported that the secondary density of bilious acid is related to higher incidence of CRC (Kamano *et al.*, 1999). Also, nutrition factors including vegetables, meat, fat, fruits, cereal, olive oil and milk can influence the duration time transfer of colon and secondary density of bilious acid (Dominianni *et al.*, 2013). Nowadays, many studies showed that colorectal cancer is a genetic disease and 10-15 % of CRC cases have genetic cause which means one out of two hundred individuals has genetic high risk allele for colorectal cancer (Fernandez *et al.*, 2002; Turati *et al.*, 2013; Han *et al.*, 2014). One third of all cancer cases could be associated to physical activity and dietary factors, whereas by the adherence to Mediterranean diet only 25% of CRC could have been avoided (Trichopoulou *et al.*, 2000). In western countries CRC is more common in older person e.g. the prevalence of CRC among the persons who were less and upper than 65 years old was 20 and 237 per 100000, respectively. The incidence of CRC is almost the same in men and women (Stoneham *et al.*, 2000; Kushi *et al.*, 2002).

#### 1.6.1.2 Alcohol

Alcohol consumption is a considerable risk factor for CRC in both male and female (WCRF, 2007).

#### 1.6.1.3 Smoking

Smoking is a risk factor for CRC. Smokers are found at a higher risk, typically in the range of 1.5 to 3.0 (Giovannucci, 2001). It was estimated that the ratio of CRC

that can be attributed to smoking in USA is one in five and decreases in the amount of smoking may effects colorectal cancer incidence (Giovannucci, 2001).

#### 1.6.1.4 Physical activity

Physical activity is related with a reduced risk of CRC (WCRF, 2007). A report in UK on physical activity advises adults to have a minimum of 2½ hours of exercise a week.

### 1.6.2 Genetic risk factors

Genetic factors include syndromes related to CRC

#### 1.6.2.1 Hereditary non-polyposis colorectal cancer/Lynch syndrome

Hereditary non-polyposis colorectal cancer (HNPCC), a frequently occurring hereditary CRC syndrome linked with a strong family history of colorectal cancer. It is also called lynch syndrome (LS) and accounts for approximately 2-4% of all colorectal cancer cases (Hampel *et al.*, 2008). Individuals with LS do not have polyposis although they have adenomatous polyps. HNPCC poses a lifetime risk of approximately 50-80% of CRC, it poses an increased threat to endometrial, gastric and ovarian cancers (Jasperson *et al.*, 2010). LS is an autosomal dominant syndrome and is caused by mutations in four mismatch repair (MMR) genes; MLH1, MSH2, PMS2 and MSH6. MLH1 and MSH2 are the most commonly mutated genes in Lynch syndrome (Niessen *et al.*, 2009).

#### 1.6.2.2 Familial adenomatous polyposis

Familial adenomatous polyposis (FAP) accounts for less than 1% of all colorectal cancer cases and is inherited in an autosomal dominant fashion (Burt, 2000). In FAP, individuals develop hundreds to thousands of adenomatous polyps. By age 35, prevalence of CRC associated with FAP is above 90% and 95% of individuals with FAP have polyps (Petersen *et al.*, 1991) and individuals are recommended to have prophylactic removal of colon. Mutations responsible for FAP is in the adenomatous polyposis coli (APC) gene, although 12-20% of individuals diagnosed with FAP have no obvious mutations in APC or other polyposis gene, MUTYH (de la Chapelle, 2004; Filipe *et al.*, 2009). Other characteristics associated with FAP include desmoids, gastric polyposis, congenital hypertrophy of the retinal pigment epithelium (CHRPE), and small bowel adenomas (Allen and Terdiman, 2003).

## 1.7 Genetics of colorectal

A number of genes have been identified underlying the pathogenesis of colorectal cancer. FAP and FAP variant syndromes are associated with mutations in the APC (adenomatous polyposis coli) gene. In FAP patients majority of the mutations are nonsense or frameshift mutations that interfere with protein synthesis and cause premature protein truncation, only a few mutations cause silencing of the APC gene expression, frameshift and nonsense mutations constitute approximately 95% of the known mutations (Galiatsatos *et al.*, 2006; Segtidas *et al.*, 2006). APC gene is also involved in the pathogenesis of sporadic colorectal carcinoma.

Murtaza *et al.* (2014) studied K-ras mutation in Pakistani colorectal cancer patients. The concluded from this study that K-ras mutation has a lower frequency and is not significantly associated with Pakistani colorectal cancer patients compared to those observed in other parts of the world.

In Spanish population a genome wide association study was conducted and identified 64 variants at twenty-four loci that were associated with progression of colorectal cancer. Two of these SNPs rs11987193 and rs12080929 were replicated in the second phase but are not statistically significant (Fernandez-Rozadilla *et al.*, 2013).

Yaylim *et al.* (2012) genotyped TRAIL 1595 C/T polymorphism in Turkish population. There were no significant differences between TRAIL 1595 C/T genotypes and allele frequencies between CRC patients and controls. It was inferred that TRAIL heterozygous genotype (C/T) might be associated with colorectal cancer development in Turkish population.

## 1.8 Apoptosis and programmed cell death

Data obtained through high-throughput technologies has considerably improved our understanding of the underlying mechanisms of colorectal cancer and it is now known that overexpression of oncogenes, inactivation of tumor suppressor genes, deregulation of spatio-temporally controlled intracellular signaling cascades, loss of apoptosis, hyperactivation of cell survival signaling, resistance against wide ranging molecular therapeutics are contributory in cancer development and progression. Intra-

tumor heterogeneity is adding another layer of complexity in standardization of therapy and various natural agents and synthetic agents are currently being investigated for efficacy against different cancers.

Apoptosis or programmed cell death is involved in many physiological processes that are vital for the survival of an organism such as growth and development, maintenance of tissue homeostasis and cancer cells death. Loss of apoptosis results in cancer because of uncontrolled cell growth and proliferation that will not undergo death (Wong, 2011).

TRAIL mediated signaling has emerged as one amongst the most extensively studied molecular mechanism reportedly involved in induction of apoptosis differentially in cancer cells while leaving normal cells intact. Overwhelmingly increasing experimentally verified data has started to shed light on the protein network in TRAIL resistant cancers. It has now been convincingly revealed that misrepresentation of anti-apoptotic proteins is an underlying cause of resistance against TRAIL based therapeutics. It is appropriate to mention that because of considerably efficacy of TRAIL as an effective inducer of apoptosis, many agents have entered into various phases of clinical trials. Moreover, different natural agents and synthetic agents are also being tested for efficacy in cancer cells in-vitro. Substantial fraction of information has been added into the existing pool of molecular oncology and rapidly accumulating scientific evidence emphasized on markedly reduced cell surface expression of TRAIL receptors. There are various lines of evidence suggesting internalization of receptors thus impairing TRAIL induced intracellular signaling. Therefore downregulation of either TRAIL or its receptors dramatically reduced apoptotic response in cancer cells. Cancer cells have evolved various mechanisms to escape from apoptosis and a deeper understanding of the transcriptional and protein network of different cancers will prove to be helpful in getting a step closer to individualized medicine.

Cell death occurs via two means: cytochrome C-mediated pathway and via death receptor (TNFR1, DR3, DR4, DR5). Death receptors are transmembrane proteins that comprise cytoplasmic death-domain. They are called "death receptors" based on this death domain and is essential for the apoptotic signal transduction (Dechant *et al.*, 2004). Tumour necrosis factor  $\alpha$  (TNF $\alpha$ ), FasL and TNF-related

apoptosis-inducing ligand (TRAIL) are some of the ligands that induces apoptosis through TNFR, Fas and DR4/DR5 respectively (Mocellin, 2010).

## 1.9 TRAIL

*TRAIL* stands for tumour necrosis factor related apoptosis inducing ligand, belongs to TNF family, it induces or inhibit cell death/apoptosis depending on the receptor to which it binds. *TRAIL* based on its property to trigger cell death in cancerous cells and leaving intact normal cells, is considered as a potential candidate for cancer therapy (Schmaltz *et al.*, 2002; Johnstone *et al.*, 2008; Pal *et al.*, 2011). The *TRAIL* gene is of 20 kb in length, consists of 5 exons and is located in the 3q26 region (Allen and El-Diery, 2012). It is expressed as a type II trans-membrane protein consisting of 281-amino acids, exposed on the cell surface and anchored in the plasma membrane. Wiley and colleagues and Pitti and colleagues independently identified *TRAIL* in 1995 and 1996, respectively, and according to sequence alignments it is closely related to other death receptors, with maximum sequence similarities reported for Fas ligand (Wiley *et al.*, 1995; Pitti *et al.*, 1996). *TRAIL* is expressed by natural killer cells and can trigger TRAIL mediated apoptosis in target cells following cell-cell interaction (Smyth *et al.*, 2007).

### 1.9.1 TRAIL receptors

*TRAIL* upon interaction with its receptors trigger apoptosis in cancer cells (Ivanov *et al.*, 2003; LeBlanc and Ashkenazi, 2003; Ozoren and El-Deiry, 2003). Four TRAIL receptors have been identified in humans, includes; DR4 (Pan *et al.*, 1997a), DR5 (Pan *et al.*, 1997b; Sheridan *et al.*, 1997; Walczal *et al.*, 1997; Wu *et al.*, 1997), DcR1 (Degli-Esposti *et al.*, 1997; Pan *et al.*, 1997b, Sheridan *et al.*, 1997), and DcR2 (Degli-Esposti *et al.*, 1997; Marsters *et al.*, 1997) and a 5<sup>th</sup> receptor osteoprotegerin (OPG), (Emery *et al.*, 1998). DR4 and DR5 are involved in the process of apoptosis and both have a conserved death domain, contrarily DcR1, DcR2 and osteoprotegrin inhibit apoptosis induced by *TRAIL*. Extracellular domains of death receptors and decoy receptors i.e. DcR1 and DcR2 are homologous. In DcR1 there is complete absence of a cytoplasmic domain and with the help of a glycopospholipid moiety it is anchored in the plasma membrane, whereas DcR2 have a non-functional truncated cytosolic domain (Turneh *et al.*, 2000).

### 1.9.2 TRAIL signalling

Apoptosis in mammalian cells occur via two main signalling pathways, the intrinsic and extrinsic pathways (Ashkenazi, 2002). TRAIL upon binding to DR4 and DR5 induces apoptosis and subsequent activation of the apoptotic cascade through caspase-8 and Fas-associating death domain (FADD), forming the death-inducing signalling complex (DISC), and triggers the activation of the executioner caspases and causing cell death (Macfarlane *et al.*, 1997; Pan *et al.*, 1997; Sprick *et al.*, 2000).

TRAIL-induces cellular signalling through DR4 and DR5. The attachment of ligand to its specific receptor results in trimerization of receptor and recruitment of FADD (Fas-associated death domain). Attachment of adaptor protein to cytoplasmic domain of death receptor results in subsequent recruitment of the initiator caspase 8 and/or caspase 10. Procaspase-8 upon activation acts on its downstream effector caspase 3. Caspase 3 is a downstream effector to either extrinsic pathway consisting of caspase 8 mediated activation or intrinsic pathway that is activated upon release of cytochrome c. Released cytochrome c forms a complex with procaspase-9 to form active caspase 9. Intrinsic pathway initiates by translocation of Bid (pro-apoptotic protein) to a mitochondrion. This consequently results in aggregation of Bax/Bak which provides passage for cytochrome c and Smac/DIABLO by formation of mitochondrial pore (Schneider *et al.*, 1997; Sheridan *et al.*, 1997; Pan *et al.*, 1997; Walczak *et al.*, 1997). The pathway is represented in Fig. 1.3.



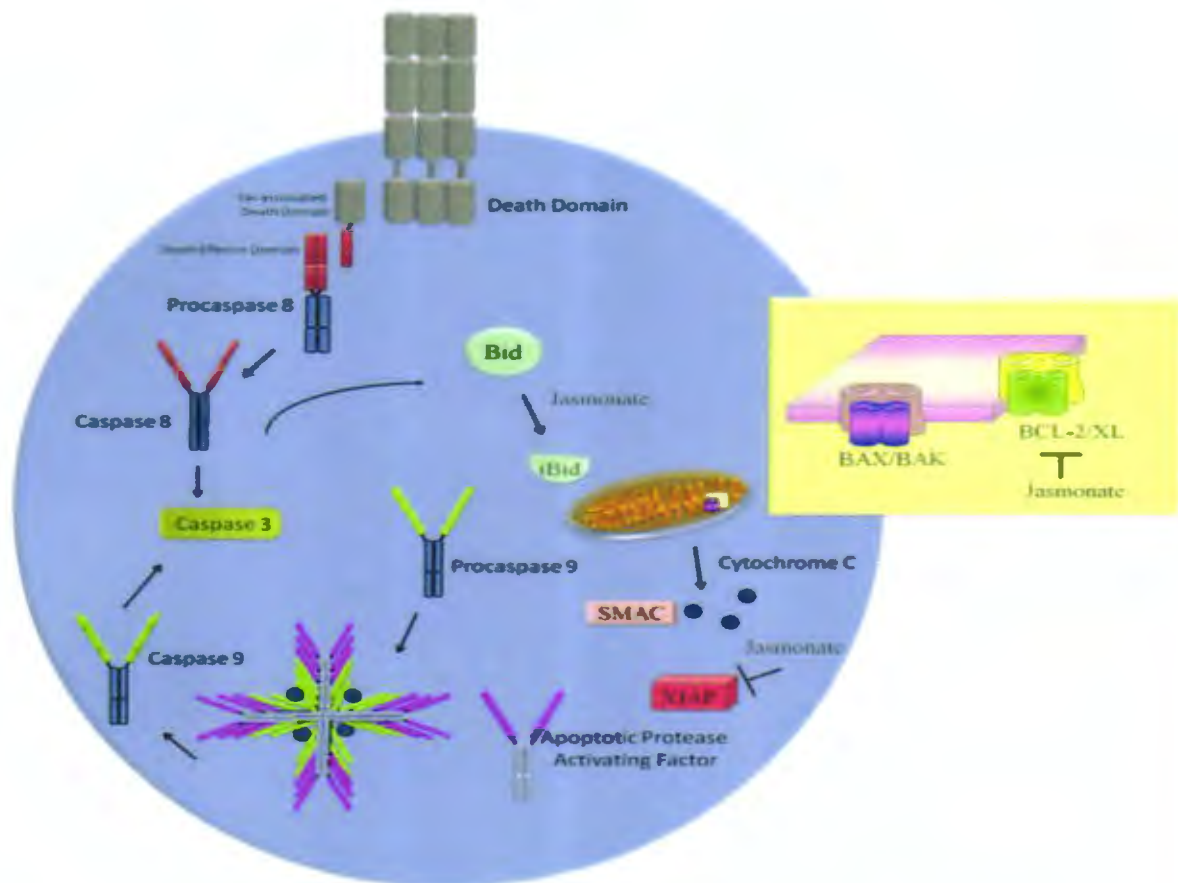


Fig. 1.3: TRAIL-mediated signaling; intrinsic and extrinsic pathways are represented. Extrinsic pathway is initiated through death receptors in which caspase 8 activates caspase 3. Intrinsic pathway is functionalized through mitochondria. Truncated bid moves into mitochondria that triggers release of cytochrome c, Smac, from mitochondria. Farooqi *et al.* (2012)

## 1.10 Death Receptor (*DR4*) gene

*DR4* serves as an endogenous factor in the regulation of tumour cells and a significant role during cell death signaling (Wajant *et al.*, 2002). *DR4* is composed of single transmembrane helix, 2 extracellular ligand-binding, cysteine-rich pseudorepeats (50s and 90s loops), and the apoptosis-triggering cytoplasmic death domain (Hengartner *et al.*, 2000; Evan *et al.*, 2001; Koornstra *et al.*, 2003; Bouralexis *et al.*, 2005). Polymorphisms in *DR4* have been described in various human cancer, such as bladder, lung, gastric, breast cancer and endometriosis (Kuraoka *et al.*, 2005; Wolf *et al.*, 2006; Ulybina *et al.*, 2009; Kim *et al.*, 2012).

Death receptor 4, *DR4*, the first receptor recognized for *TRAIL* is located on chromosome 8p21 (Hazra *et al.*, 2003). *DR4* is a type 1 transmembrane protein comprises of two extracellular cysteine-rich pseudo-repeats and composed of 486 amino acids. Two receptor loops, the 50- and 90-s loops, play important role in signal transduction between ligand and receptor. One loop that is conserved in ligand receptor complexes throughout the TNF superfamily is composed of a hydrophobic motif, and the other loop is specific for each individual complex and controls receptor selectivity and cross reactivity (Hazra *et al.*, 2003). Exon 3 and 4 encode the principle elements of the *DR4* ligand-binding domain (Fisher *et al.*, 2001).

### 1.10.1 Polymorphisms of *DR4*

Gene polymorphism studies may be acceptable a crucial marker to determine the risk and prognosis of cancer. SNPs in the *TRAIL* and *DR4* gene have been reported in various human cancer types such as lung cancer, head and neck cancer (Fisher *et al.*, 2001), bladder cancer (Hazra *et al.*, 2003), breast cancer (Frank *et al.*, 2005; Yildiz *et al.*, 2010) prostat cancer (Mi *et al.*, 2011) etc. Some cancers were found to be significantly associated with the *DR4* gene polymorphism while others were not.

*DR4* gene is extremely polymorphic and the most widely studied polymorphism is in the ectodomain and is C to G substitution at position 626 (C626G) of *DR4*. Another *DR4* polymorphism A1322G in the death domain of *DR4* is also extensively studied.

### 1.10.2 C626G SNP in *DR4*

The C626G polymorphism is in the ectodomain region of *DR4* and it is a C to G substitution. It is located in exon 4 of the gene that is *TRAIL* binding domain. The

C626G polymorphism results in an amino acid change of threonine to arginine at position 209. Since this exchange occurs in the extracellular cysteine-rich domain which is the binding site for *TRAIL*, it can alter the affinity of *DR4* for *TRAIL* (Kuraoka *et al.*, 2005).

Frank *et al.* (2006) reported that the heterozygous carriers of *DR4* 626C >G showed a significant association with a decreased colorectal cancer risk and showed 626C-683C haplotype as risk factor for colorectal cancer. They revealed a protective effect of Arg209 on rectal cancer risk as well as an increased risk for advanced colorectal cancer stages. In addition, the *DR4* 626C-683C haplotype conferred a 2.4-fold colorectal cancer risk, suggesting its relevance in human cancer.

A meta-analysis by Chen *et al.* (2014) indicated that the C626G polymorphism in *DR4* gene is associated with cancer susceptibility in Caucasian. Furthermore, Hazra *et al.* (2003) showed an increased risk of C to G transition in 626 position of exon 4 of *DR4* gene in bladder cancer. In Ovarian cancer, alteration of the *DR4* gene including C626G do not lead to clinically relevant ovarian cancer predisposition (Horak *et al.*, 2005). Kuraoka *et al.* (2005) showed an association between the *DR4* polymorphism and the risk of gastric cancer.

### 1.10.3 A1322G SNP in *DR4*

The A1322G polymorphism is located in the death domain of *DR4*. This domain is responsible from the transmission of the apoptotic signal to the TRADD (TNFR-associated death domain) and induct the apoptosis. Chen *et al.* (2014) reported that the AG and GG variant genotypes in 1322 position of exon 10 of *DR4* were associated with statistically significant risk of all human cancers. Martinez-Ferrandis *et al.* (2007) also found no association between A1322G polymorphism and breast cancer in Spanish women, whereas the A1322G polymorphism in the death domain of *DR4* was significantly associated with Mantle Cell Lymphoma and chronic lymphocytic leukemia patients than in age and sex matched healthy controls (Fernandez *et al.*, 2004).

### 1.10.4 C1595T SNP in *TRAIL*

High levels of soluble TRAIL are detected in patients with autoimmune disorders such as systemic lupus erythromatosus and multiple sclerosis (Wandinger *et al.*, 2003; Lub-de *et al.*, 2005). TRAIL has also been reported in different diseases such

as diabetes mellitus (Corallini *et al.*, 2007), Atherosclerosis (Schoppet *et al.*, 2006) and liver diseases. Han *et al.* (2002) reported elevated level of soluble TRAIL in liver cancer patients than in normal individuals. Yan *et al.* (2009) suggested that TRAIL may also participate in fatty liver disease.

In a study the correlation between sTRAIL concentrations, 1595 C/T polymorphism and colorectal cancer was shown in the patients with distant metastasis. The patients having distant metastasis, advanced stage tumor and in which CT genotype was present have lowest sTRAIL levels and was statistically significant. Therefore it was suggested that CT genotype with low levels of sTRAIL Taken together, it is reasonable to suggest that CT genotype with low sTRAIL levels are correlated with disrupting the apoptotic machinery in colorectal cancer cells (Yalim *et al.*, 2012).

In the present study we aimed to evaluate the association between common genetic variants in *TRAIL* and *DR4* genes with risk of colorectal cancer in Pakistani population.

### 1.11 Objectives

- To identify alliance of *TRAIL* and *DR4* genetic variants with susceptibility to colorectal cancer.
- To probe the genotyping and allelic frequency of *TRAIL* and *DR4* genes associated with risk of colorectal cancer.
- To get further understanding about the genetic basis of colorectal cancer.

# **Chapter 2**

## **MATERIALS AND METHODS**

## MATERIALS AND METHODS

### 2.1 Subjects

Colorectal cancer patients were taken from NORI (Nuclear medicine, Oncology and Radiotherapy Institute), Islamabad after the clinical evaluation and diagnosis made by the clinicians at the Department of Oncology. The present study was conducted in the institute of Biomedical and Genetic Engineering (IBGE), Islamabad.

### 2.2 Blood sample collection

The patients were assessed by personal information and clinical investigations; all information was included in a clinical questionnaire. The patients were informed about the objectives of the study and consent form was signed by every participant. 5ml blood was drawn from each participant and collected in Acid Citrate Dextrose (ACD) vacutainer (BD Franklin, Lakes NJ USA) which contained 2.5ml acid-citrate-dextrose solution; the final volume was 7.5ml. This ACD vacutainer serve as preservative and anticoagulant for the fresh blood sample. The vacutainer tubes were inverted few times immediately and stored at 4°C till further processing.

### 2.3 Identity number allotment

All the samples were assigned specific identity numbers as CRC-001, CRC-002 and so on. Moreover an individual taken as controls were also given i.d as C-001, C-002 and so on.

### 2.4 Extraction of genomic DNA from whole blood samples

The genomic DNA from all of the samples was isolated by following standard organic method which recruits two chief organic chemicals namely Phenol and Chloroform (Sambrook and Russell, 2001). The protocol was slightly modified as per requirement.

The DNA extraction was performed in strict accordance to the following steps:

### 2.4.1 Methodology

DNA extraction procedure was completed in three days. The detail of the procedure is as follow;

#### Day 1

1. The samples were transferred to 50ml centrifuge tubes and 3X volume of cell lysis buffer ( $\text{KHCO}_3$ ,  $\text{NH}_4\text{Cl}$  and 0.5M EDTA) was added. Tubes were placed on ice for 30 min.
2. Then the samples were centrifuged at 1200rpm for 10 minutes at 4°C in refrigerated centrifuge (Eppendorf Refrigerated Centrifuge 5130).
3. The supernatant was discarded and the pellet at the base of the tube was re-suspended.
4. If the pellet was reddish then again 10ml of cell lysis buffer was added. The sample tubes were centrifuged at 1200rpm at 4°C for 10 minutes
5. The supernatant was discarded and the pellet was re-suspended.
6. To the pellet, 4.75ml of STE (Sodium Chloride, Tris-HCl, and EDTA) and 250 $\mu\text{L}$  of 10% SDS (sodium dodecyl sulfate) were added.
7. To the above mixture 10 $\mu\text{L}$  of proteinase K enzyme (20mg/ml) (Fermentas, Lithuania) was added and samples were incubated at 55°C for overnight in shaking water bath (Orbit Shaker Bath, Lab-Line, USA).

#### Day 2

8. The samples were extracted with 5ml (equal quantity) of equilibrated phenol (pH=8), agitated for 10 minutes and kept on ice for 10 minutes. Spun at 3200rpm for 30 min at 4°C in refrigerated centrifuge (Eppendorf Refrigerated Centrifuge 5130), removed the supernatant with 1ml cut tip into the separate labeled 15ml centrifuge tubes.
9. To the samples 5ml of chilled chloroform:isoamyl alcohol (24:1) was added and agitated for 10 minutes and kept on ice for 10 minutes. Samples were spun at 3200rpm for 30 minutes at 4°C in refrigerated centrifuge (Eppendorf Refrigerated Centrifuge 5130). The supernatant was separated with cut tip into the separate labeled 15ml centrifuge tubes.

10. To the isolated supernatant added 500 $\mu$ L of 10M ammonium acetate and 5ml of chilled Isopropanol and agitated until DNA precipitates as visible white threads. The samples were then placed overnight at -20°C (or for 15 minutes at -70°C).

#### Day 3:

11. The samples were then centrifuged at 3000rpm for 60 minutes at 4°C in refrigerated centrifuge (Eppendorf Refrigerated Centrifuge 5130). The supernatant was discarded and the DNA pellet was loosened by tapping the 15ml centrifuge tube.
12. Then the loosened DNA pellet was washed with 5ml of chilled 70% ethanol 3200rpm for 40 minutes at 4°C in refrigerated centrifuge (Eppendorf Refrigerated Centrifuge 5130).
13. The supernatant was discarded and the DNA pellet was dried.
14. The dried pellet was dissolved in TE (10mM Tris; 1mM EDTA) buffer (the volume buffer added according to the size of the pellet).
15. The complete DNA dissolving in TE buffer was achieved by incubating the sample tube in shaking water bath at 55°C (Orbit Shaker Bath, Lab-Line, USA).
16. The DNA samples were then transferred to 1.5 ml labelled eppendorf tubes and stored at 4°C

## 2.5 Composition of the solutions used in DNA extraction

### 2.5.1 Cell-lysis buffer

This buffer is composed of three chemicals as:

- i. KHCO<sub>3</sub> (Potassium Carbonate) 1gm/L
- ii. NH<sub>4</sub>Cl (Ammonium Chloride) 8.29gm/L
- iii. 0.5 M EDTA (Ethylene Diamine Tetra Acetate) 0.34gm

Cell lysis buffer cleaves the cell membranes and exposes the chromatin material of the nucleated cells.



### 2.5.2 STE buffer

This buffer provides a saline environment to the newly exposed chromatin material

- i. 3M NaCl (Sodium Chloride) 33.3ml
- ii. 1M Tris-HCl buffer (pH8.0) 4.0ml
- iii. 0.5M EDTA (pH8.0) 2.0ml

The above reagents were mixed and volume was made up to 1 liter with dH<sub>2</sub>O.

### 2.5.3 DNA dissolving buffer

This buffer is used for dissolving the DNA and is composed of

- i. 10mM Tris-HCl (pH8.0)
- ii. 0.1mM EDTA

### 2.5.4 SDS solution

10 % solution of sodium dodecyl sulfate or sodium lauryl sulfate helps in protein degradation.

### 2.5.5 Chloroform-isoamyl alcohol

This solution is made in 24:1 v/v for 500ml total volume as:

- i. Chloroform 480ml (24)
- ii. Isoamyl alcohol 20ml (1)

## 2.6 Assessment of quality and quantity of DNA

Each sample was diluted 50 folds by adding 6 µl DNA sample to 294 µl distilled water and quantified on UV Spectrophotometer (U-3210, Hitachi, Japan) at 260nm and 280nm wavelength.

Optical density (OD) ratio for each sample was calculated as:

$$OD = \text{Absorbance at 260nm} / \text{Absorbance at 280nm}$$

The ratio from above formula should lie between 1.7-1.9 for good quality DNA.

The concentration of DNA samples was calculated by using following formula:

$$\text{Concentration of DNA} = \frac{\text{Absorbance at 260nm} \times 1000}{\text{Absorbance at 280nm} \times \text{Volume of sample in ml}}$$

*Assessment of colorectal cancer associated genetic changes in TRAIL and DR4 genes in Pakistani population*

DNA concentration ( $\mu\text{g/ml}$ ) = Absorbance at 260nm  $\times$  dilution factor  $\times$  correction factor

## 2.7 Working solution of DNA

40ng/ $\mu\text{l}$  working solution of DNA was prepared from the stock DNA solution by using the following ratio

DNA stock: dH<sub>2</sub>O

60 $\mu\text{L}$ : 140  $\mu\text{L}$

## 2.8 Reconstitution of primers

Lyophilized primers were mixed with calculated amount of deionized water to make a stock solution of 100  $\mu\text{M}$  of each primer. From these 100 $\mu\text{M}$  stock primer solutions, 20 $\mu\text{M}$  working solutions for each primer were prepared by taking 20 $\mu\text{l}$  stock solution and 80 $\mu\text{l}$  of distilled water. PCR amplifications were performed by using 20 $\mu\text{M}$  primer solutions.

## 2.9 PCR analysis for *TRAIL* 1595 C/T

Polymerase chain reaction was carried out to amplify the *TRAIL* gene in which polymorphism was present.

### 2.9.1 Primers for *TRAIL* 1595 C/T

In order to determine 1595 C/T polymorphism in the *TRAIL* gene, PCR was performed by the following primers designed for the analysis. Details of primers are given in table 2.1.

### 2.9.2 PCR methodology

After optimization with reproducible results, all samples were amplified at optimized conditions of PCR. The master mix for all PCR reactions with specific primer pair was prepared in 1.5mL Eppendorf tube. Total reaction volume for a single PCR reaction was 25 $\mu\text{L}$ . All the PCR reagents with their concentrations are summarized in the table 2.2.

### 2.9.3 Thermal profile of PCR reaction for *TRAIL* 1595 C/T

The above PCR was carried out in 96 well thermal cycler (Thermo Electron Corporation, Mill ford, USA) at the following thermal stages, steps and cycles as shown in table 2.3.

### 2.9.4 PCR-RFLP of 1595 C/T polymorphism of *TRAIL* gene

For *TRAIL* genotyping the amplified DNA fragments harboring the SNP were digested with *RsaI* restriction enzyme. Digestion was performed on all samples by adding 1  $\mu$ L *RsaI* enzymes, 3  $\mu$ L of digestion buffer for *TRAIL* adjusted with dH<sub>2</sub>O for final volume of 20  $\mu$ L of PCR reaction mixture. It was mixed gently and spins down for few seconds. The reaction mixture was incubated at 37°C for 16 hours. The RFLP products were checked on 2.5% agarose gel containing ethidium bromide. The agarose gel electrophoresis was done at 200 volts for 30 minutes using Bio-Rad Power PAC 3000.

**Table 2.1:** Sequence of the primers used for the genotyping of *TRAIL* 1595C/T

Regions	Primer	Sequence
<i>TRAIL</i> 1595C/T	Forward primer	5'-TGAGCACTACAGCAAACATGA-'3
	Reverse r primer	5'-GCACCACTAAAAGATCGCAGT-'3

**Table 2.2:** PCR reagents with their concentrations used for PCR

Sr. No.	Reagents with initial concentration.	Volume used ( $\mu$ l)
1	d.H <sub>2</sub> O	12.8 $\mu$ l
2	10x PCR buffer (Fermentas, Lithuania)	2.5 $\mu$ l
3	MgCl <sub>2</sub> (Fermentas, Lithuania)	1.2 $\mu$ l
4	2.0 mM dNTPs	1.0 $\mu$ l
5	5U/ $\mu$ l Taq DNA polymerase (Fermentas, Lithuania)	0.2 $\mu$ l
6	20 $\mu$ M Forward primer	1 $\mu$ l
7	20 $\mu$ M Reverse primer	1 $\mu$ l
8	40 ng Sample Genomic DNA	5 $\mu$ l
---	Total reaction volume	25 $\mu$ l

**Table 2.3:** Thermal profile of PCR reaction for *TRAIL* 1595 C/T

No. of Stage	No. of Step	Temperature	Time	No. of Cycles
Stage 1	Step 1	94 °C	5 Minutes	01 Cycle
Stage 2	Step 1	94 °C	45 Seconds	35 Cycles
	Step 2	55 °C	45 Seconds	
	Step 3	72 °C	45 Seconds	
Stage 3	Step 1	72 °C	10 Minutes	01 Cycle

## 2.10 PCR analysis for *DR4* C626G

Polymerase chain reaction was carried out to amplify the *DR4* gene in which polymorphism was present.

### 2.10.1 Primers for *DR4* C626G

In order to determine 626 C/G polymorphism in the *DR4* gene, PCR was performed by the following primers designed for the analysis. Details of primers are given in table 2.4.

### 2.10.2 PCR methodology

After optimization with reproducible results, all samples were amplified at optimized conditions of PCR. The master mix for all PCR reactions with specific primer pair was prepared in 1.5mL Eppendorf tube. Total reaction volume for a single PCR reaction was 25 $\mu$ L. All the PCR reagents with their concentrations are summarized in the table 2.2.

### 2.10.3 Thermal profile of PCR reaction for *DR4* C626G

The above PCR was carried out in 96 well thermal cycler (Thermo Electron Corporation, Mill ford, USA) at the following thermal stages, steps and cycles as shown in table 2.5.

### 2.10.4 PCR-RFLP of C626G polymorphism of *DR4* gene

For *DR4* genotyping the amplified DNA fragments harboring the SNP were digested with *Dra3* restriction enzyme. Digestion was performed on all samples by adding 1 $\mu$ L *Dra3* enzymes, 3 $\mu$ L of digestion buffer for *DR4* adjusted with dH<sub>2</sub>O for final volume of 20 $\mu$ L of PCR reaction mixture. It was mixed gently and spins down for few seconds. The reaction mixture was incubated at 37°C for 16 hours. The RFLP products were checked on 2.5% agarose gel containing ethidium bromide. The agarose gel electrophoresis was done at 200 volts for 30 minutes using Bio-Rad Power PAC 3000.

**Table 2.4:** Sequence of the primers used for the genotyping of *DR4* 626 C/G

Regions	Primers	Sequences
<i>DR4</i> 626C/G	Forward primer	5'-GGGGACAGGCAGATGGAC-'3
	Reverse primer	5'- ATCCTCTGGGA ACTCTGTGG -'3

**Table 2.5:** Thermal profile of PCR reaction for *DR4* 626 C/G

No. of Stage	No. of Step	Temperature	Time	No. of Cycles
Stage 1	Step 1	94 °C	5 Minutes	01 Cycle
Stage 2	Step 1	94 °C	45 Seconds	35 Cycles
	Step 2	55 °C	45 Seconds	
	Step 3	72 °C	45 Seconds	
Stage 3	Step 1	72 °C	10 Minutes	01 Cycle

## 2.11 ARMS-PCR Method for *DR4* A1322G Polymorphism

Genotyping of A1322G will be done through ARMS-PCR technique. The PCR mixture (20 $\mu$ l) included 10X PCR Buffer, 2mM MgCl<sub>2</sub>, 0.2mM dNTPs, 5pmol primers, 50ng DNA, and 2U Taq Polymerase (Fermantas). Two different tubes were prepared for this purpose. Common forward primer was added to the two tubes, and separate reverse primers (ended with C and T) added separately. The PCR products were 254bp for A1322G. The PCR products were electrophoresed in 2.5% agarose gel in 1X TBE and visualized under ultraviolet light. ARMS-PCR stages and cycle and primer sequences are mentioned in table 2.6 and 2.7 respectively.

**Table 2.6:** ARMS-PCR stages and cycles for *DR4* 1322 C/T

No. of Stage	No. of Step	Temperature	Time	No. of Cycles
Stage 1	Step 1	95 °C	10 Minutes	34 Cycles
	Step 2	95 °C	1 minute	
	Step 3	56 °C	1 minute	
	Step 4	72 °C	1 minute	

**Table 2.7:** Sequence of the primers used for the genotyping of *DR4* 1322 A/G

Regions	Primer	Sequence
<i>DR4</i> 1322A/G	Forward primer	5'-CTCTGATGCTGTTCTTTGAC-3'
	Reverse primer (C)	5'-GAGGTCCTGAATCTTCTCAC-3'
	Reverse primer (T)	5'-GAGGTCCTGAATCTTCTCAT-3'

## 2.12 Analysis of PCR products by using agarose gel electrophoresis

Analysis of PCR product was performed by using agarose gel electrophoresis.

Following reagents were used in the process of agarose gel electrophoresis:

- a) 10x TBE buffer (Tris-Borate- Ethylene diamine tetra acetic acid)
- b) 6X Gel loading dye (Fermentas, Lithuania)
- c) 10mg/ml Ethidium Bromide
- d) 2% Agarose (Promega)
- e) 100bp DNA Ladder (Ferments Lithuania).

### 2.12.1 Preparation of 10X TBE buffer stock

- i. Tris-base (promega) = 107.8gm/liter
- ii. Boric acid (promega) = 55.02gm/liter
- iii. EDTA (Ethylene diamine tetra acetic acid) (Bio Rad) = 9.04gm/liter

All reagents were dissolved in 800ml deionized water using magnetic stirrer and finally 1000ml volume was made in measuring cylinder and stirred to mix well.

### 2.12.2 Preparation of 1X TBE buffer stock

10X TBE buffer = 200mL

dH<sub>2</sub>O = 1800mL

### 2.12.3 Preparation of 2.5% agarose gel

For 20cm×20cm agarose gel pouring plate 300 ml of 2.5% agarose was made as:

- i. Ion free fine agarose (Promega) = 6.5gm
- ii. 1X TBE = 300ml
- iii. Glycerin = 300μl
- iv. Ethidium bromide (10mg/ml) = 5μl

Mix 6.5gm agarose, 300ml 1X TBE and 300μl glycerin in Pyrex bottle and heat in oven with loose bottle cap until agarose boils to mix in liquids. Add 5μl Ethidium bromide



in the agarose gel solution and shake to mix. Set the 20cm×20cm gel plate with combs at suitable distance and pour the gel solution. The gel was polymerized in 30-45 minutes.

### 2.13 Gel electrophoresis and gel documentation

Before loading the sample in the gel, 5µl of the PCR product was mixed with 6X gel loading buffer (Fermentas, Lithuania). Then samples were loaded on agarose gel. In the first well of gel, 100bp DNA marker was loaded as size reference for amplified target DNA. The gel was run for 40 minutes using the Maxicell EC360-M electrophoretic gel system (EC Apparatus Corporation, St. Petersburg, Florida, USA) at 200 constant volts by using BioRad Power Pack 3000 (BioRad, USA) in 1X TBE buffer. DNA bands were visualized under UV illumination and photographed using Syngene gel documentation system (Gene Genius, Syngene, UK).

### 2.14 Statistical analysis

The mean age and percentage of male, female, marital status stage, type, and histopathology were calculated by using statistical software SPSS 20.0, USA. The following statistical tests were performed for the data.

#### 2.14.1 Hardy-Weinberg Equilibrium

The frequency of three SNP's of *TRAIL* and *DR4* was calculated by Hardy-Weinberg Equilibrium equation:

$$p^2 + 2pq + q^2 = 1$$

The allele frequency of the study groups was calculated by using the following formula:

$$\text{Allele Frequency} = \frac{\text{No. of that allele in study group}}{\text{Total number of alleles}}$$

### 2.14.2 *Chi square test and p-value*

To find the association of the *TRAIL* and *DR4* genotype and allele with the colorectal cancer the *p* value and *Chi square* test was performed by using statistical program SPSS (Version 20.0) and as described by Preacher (Preacher, 2001). A *p*-value < 0.05 was considered as statistically significant whereas *p* value >0.05 was taken as non-significant.

# **Chapter 3**

## **RESULTS**

## RESULTS

In this study a total number of 100 colorectal patients along with 193 age and sex matched healthy controls participated. Colorectal cancer patients were assessed for age, gender, marital status, age group, type (colon & rectum), stage, and histopathology. The clinical and anthropometric parameters for the colorectal cancer patients who participated in this study are summarized in the table 3.1. It shows that the mean age of patients was  $44.34 \pm 14.640$ . Percentage of colon and rectal cancer was 52% and 48% respectively and is represented graphically in Fig. 3.1. Males were significantly more affected with this disease 63.7% as compared to females 36.3% as shown in Fig. 3.2. According to histopathology Fig. 3.3 shows that moderately differentiated cancer had the highest percentage 63.6% than well differentiated and poorly differentiated 14.8% and 21.6 % respectively. In age group, the percentage of above 35 was higher 69.6% than 30.4% which was for below 35. In this study group, stage 3 had a significantly higher percentage 43.2% as compared to 3.4%, 33.0% and 20.5% for stage 1, 2 and 4 respectively as the pie chart shows in Fig. 3.4.

### 3.1 *TRAIL* C1595T (rs1131580) genotyping

*TRAIL* C1595T (rs1131580) were genotyped by the restriction fragment length polymorphism method. For *TRAIL* genotyping, PCR product was digested by *RsaI* restriction enzyme and the DNA fragments' size was located on the gel. After enzyme digestion, the CC variant shows two bands, 59bp and 332bp, and the homozygous TT variant shows 3 bands; 59bp, 146bp, 186bp as shown in Fig. 3.5. Digestion products were visualized under ultraviolet light after agarose gel electrophoresis.

#### 3.1.1 Genotype analysis of *TRAIL* 1595 C/T polymorphism

It is clear from the agarose gel electrophoresis and gel documentation for 1595 C/T PCR products that there are three different genotypes in the studied groups of colorectal cancer patients and controls as shown in table 3.2. In order to find the genotype

percentages, allele frequency and other statistical evaluation of the 1595C/T in the groups, all the results were entered in SPSS Version 20.0.

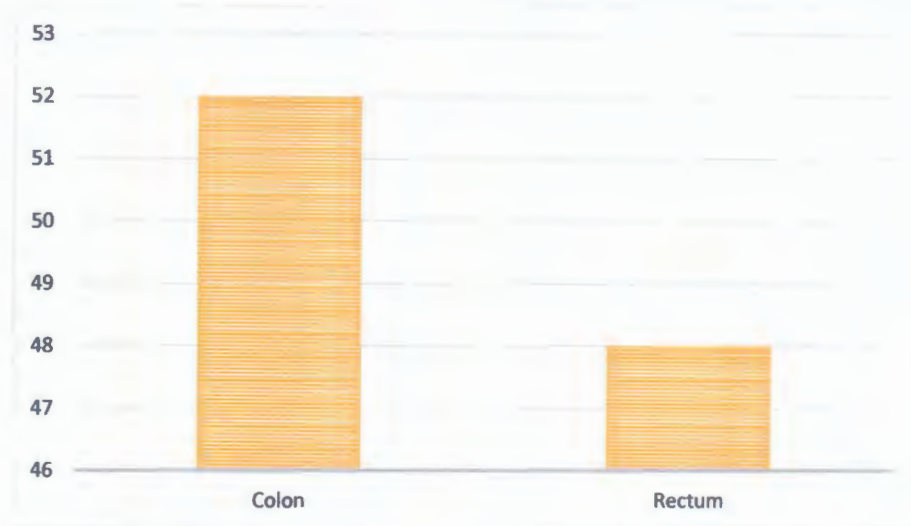
The genotyping for *TRAIL* gene 1595 C/T was done. All the genotypes of the patients and controls were in Hardy-Weinberg equilibrium  $p = 0.884$  and  $p = 0.3909$  respectively. The homozygous CC genotype of the major allele was higher 49.7% in the control than in patients 43.3%. Although the percentage was higher but statistically this difference was not significant  $p = 0.507$  ( $p$  value  $> 0.05$ ). The heterozygous CT genotype also showed no gross variation between the two groups i.e., 44.4% in patients and 43.5% in controls. This difference was also statistically insignificant  $p = 0.924$  ( $p$  value  $> 0.05$ ). However the homozygous genotype TT of the minor allele was critically higher in patients 12.2% as compared to control 6.7% but is also statistically insignificant difference  $p = 0.205$  ( $p$  value  $> 0.05$ ).

### 3.1.2 Allele frequencies

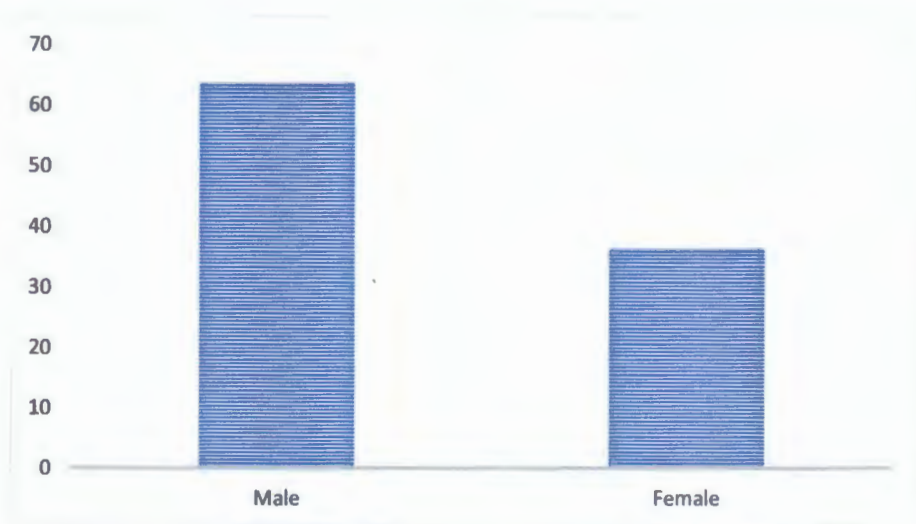
The percentage of the minor allele T was higher in patients 0.344% than controls 0.285%. Moreover the major allele percentage was higher 0.715% in controls as compared to 0.656% in patients, but this difference is also statistically insignificant ( $p > 0.05$ ) The allele frequencies of the A and T allele are mentioned in table 3.3.

Table 3.1: Clinical parameters of colorectal cancer patients

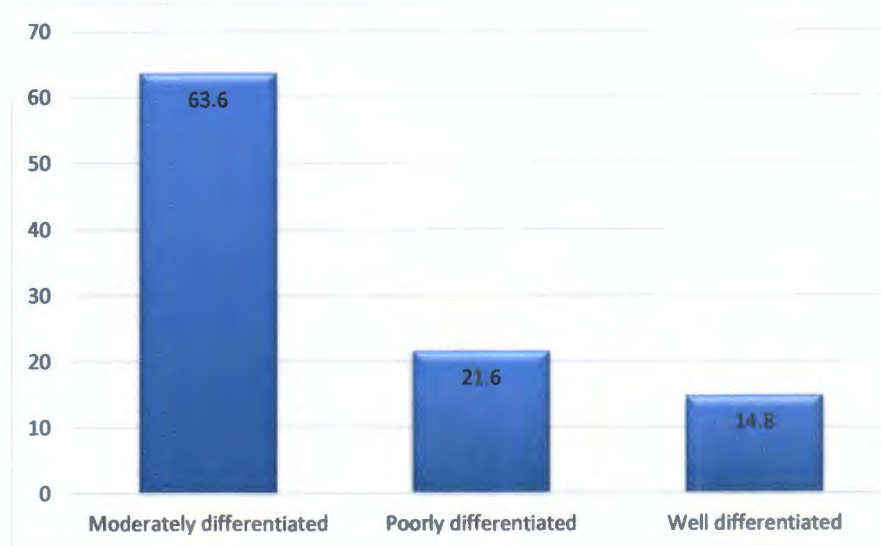
Clinical Parameters		Respective values and incidence percentage
Age		Mean = 44.34 ± Std. Dev. 14.640
Age group	Above 35	70 %
	Below 35	30 %
Marital status	Married	88 %
	Unmarried	12 %
Gender	Male	64 %
	Female	36 %
Type	Colon	52 %
	Rectum	48 %
Histopathology	Moderately differentiated	64 %
	Well differentiated	15 %
	Poorly differentiated	22 %
Stage	Stage 1	3 %
	Stage 2	33 %
	Stage 3	43 %
	Stage 4	21 %



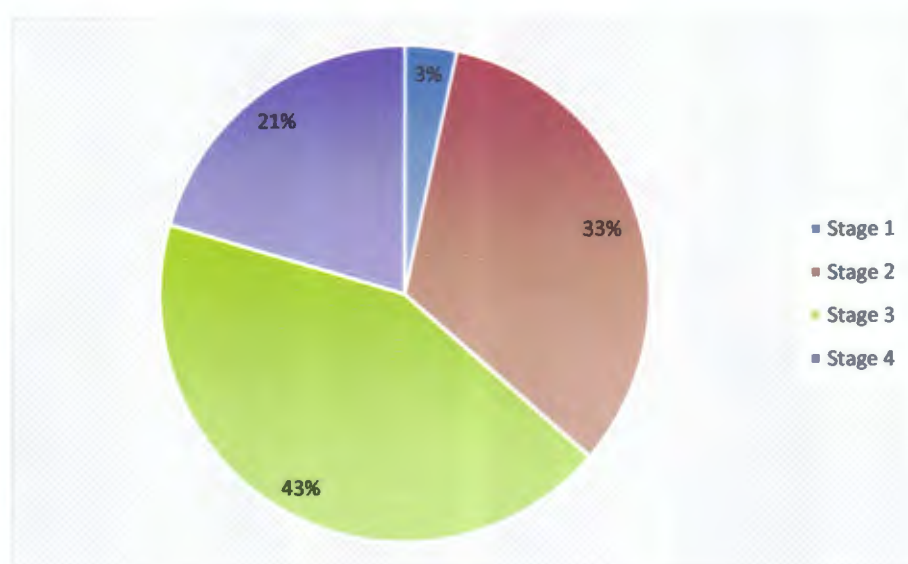
**Fig. 3.1:** Bar-chart showing percentage of colorectal colon: 53%, rectum: 48%



**Fig. 3.2:** Bar-chart showing percentage of male and female; male: 63.7%, female: 36.3%

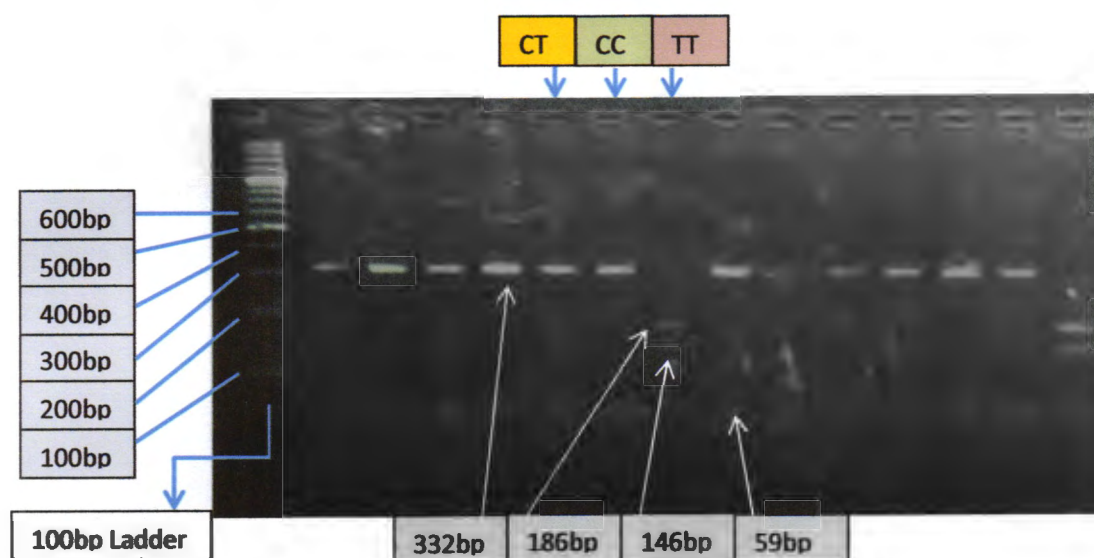


**Fig. 3.3:** Bar charts showing histopathology of colorectal cancer: moderately differentiated: 63.6%, poorly differentiated: 21.6%, Well differentiated: 14.8%



**Fig. 3.4:** Pie-chart showing percentage of CRC stages: stage 1: 3.4%, stage 2: 33%, stage 3: 43.2%, stage 4: 20.5%





**Figure 3.5:** RFLP gel picture of *TRAIL* 1595 C/T polymorphism after digestion of PCR product (391bp) with *RsaI* restriction enzyme

**Table 3.2:** Number and percentage of total subjects, controls and patients with their genotypes for *TRAIL* 1595 C/T polymorphism

Group studied	<i>TRAIL</i> 1595 C/T genotypes percentage		
	CC	CT	TT
<b>Patients</b>	<b>43.3%</b>	<b>44.4%</b>	<b>12.2%</b>
Expected H-W frequency	43.11%	45.1%	11.79%
<b>Controls</b>	<b>49.7%</b>	<b>43.5%</b>	<b>6.7%</b>
Expected H-W frequency	51.75%	40.37%	7.87%
<i>p</i> -value of patients and controls	0.507	0.924	0.205

**Table 3.3:** The allele frequencies of A and T allele of *TRAIL* 1595 C/T in CRC and Controls

Group studied	<i>TRAIL</i> 1595 C/T allele frequencies	
	C	T
<b>Patients</b>	<b>0.656</b>	<b>0.344</b>
Expected H-W frequency	65.66	34.34
<b>Controls</b>	<b>0.715</b>	<b>0.285</b>
Expected H-W frequency	71.94	28.06
<i>p</i> -value of patients and controls	0.885	0.938

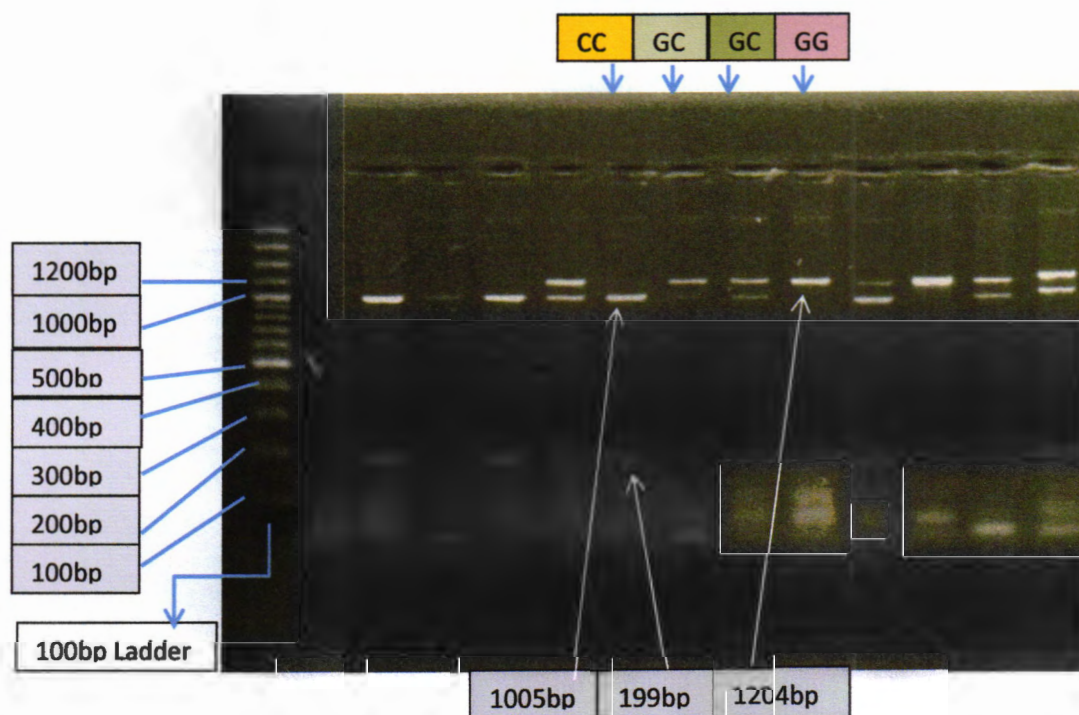
### 3.2 DR4 C626G (rs4871857) genotyping analysis on agarose gel

In the C626G polymorphism, there was a C to G transversion and results in an amino acid change of an arginine to threonine. This eliminates a unique *Dra3* restriction site. Incubation with *Dra3*, the CC variant shows two bands, 1005bp and 199bp, and the homozygous GG variant shows one unique band with the size of 1204bp. The heterozygote GC shows three bands; 1204bp, 1005bp, 199bp. Digestion products were visualized under ultraviolet light after agarose gel electrophoresis. PCR-RFLP gel picture of DR4 C626G is shown in fig. 3.6.

#### 3.2.1 Genotype analysis of rs4871857 polymorphism

It is clear from the agarose gel electrophoresis and gel documentation for rs4871857 PCR products that there are three different genotypes in the studied groups of CRC patients and controls are shown in table 3.4. In order to find the genotype percentages, allele frequency and other statistical evaluation of the rs4871857 in the groups, all the results were entered in SPSS Version 20.0.

All the genotypes of the patients were in Hardy-Weinberg equilibrium  $p = 0.088$  whereas the genotypes of the controls were deviating from Hardy-Weinberg equilibrium  $p = 0.0357$ . The homozygous CC genotype of the major allele was higher 28.3% in the patients than in controls 1.9%. There was statistically significant difference  $p = 0.00000156$  ( $p$  value  $< 0.05$ ). The heterozygous GC genotype also showed no gross variation between the two groups i.e., 41.7% in patients and 40.4% in controls. This difference was statistically insignificant  $p = 0.885$  ( $p$  value  $> 0.05$ ). However the homozygous genotype GG of the minor allele had higher percentage in controls 57.7% as compared to patients 30.0%. This difference was also statistically significant  $p = 0.003$  ( $p$  value  $< 0.05$ ).



**Figure 3.6:** RFLP gel picture of *DR4* 626 C/G polymorphism after digestion of PCR product (1204bp) with *Dra3* restriction enzyme

### 3.2.2 Allele frequencies

The percentage of the minor allele G was higher in controls 0.779% than in patients 0.508%. Moreover the major allele percentage was higher 0.492% as compared to 0.221% in controls but the differences were statistically insignificant. The allele frequencies of C and G are mentioned in table 3.5.

**Table 3.4:** Number and percentage of total subjects, controls and patients with their genotypes for rs4871857 polymorphism

Group studied	<i>DR4</i> gene 626 C>G genotypes percentage		
	CC	GC	GG
<b>Patients</b>	<b>28.3%</b>	<b>41.7%</b>	<b>30.0%</b>
Expected H-W frequencies	24%	49.98%	26.02%
<b>Controls</b>	<b>1.9%</b>	<b>40.4%</b>	<b>57.7%</b>
Expected H-W frequencies	4.59%	33.67%	61.73%
<i>p</i> -value of patients and controls	0.00000156*	0.885	0.003*

**Table 3.5:** The allele frequencies of C and G allele of *DR4* C626G in CRC patients and controls

Group studied	<i>DR4</i> C626G allele frequencies	
	C	G
<b>Patients</b>	<b>0.492</b>	<b>0.508</b>
Expected H-W frequencies	97 (48.99)	101 (51.01)
<b>Controls</b>	<b>0.221</b>	<b>0.779</b>
Expected H-W freq. of control	42 (21.43)	154 (78.57)
<i>p</i> -value of patients and controls	0.0882	0.811

### 3.3 *DR4* A1322G genotyping analysis on agarose gel

*DR4* A1322G were genotyped by the Amplification Refractory Mutation System (ARMS). DNA fragments' size was located on the gel and products were visualized under ultraviolet light after agarose gel electrophoresis as shown in fig. 3.7.

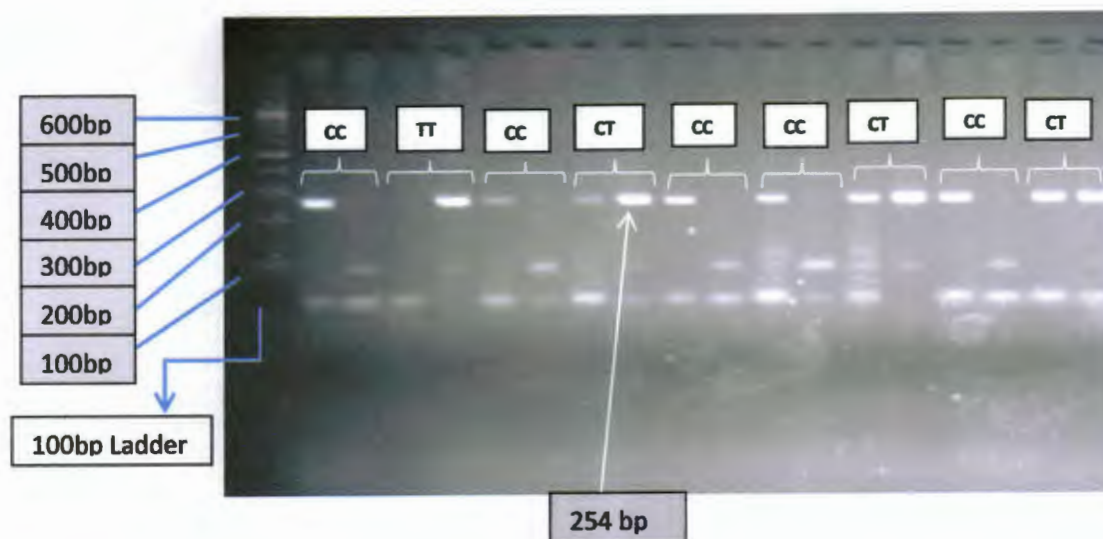
#### 3.3.1 Genotype analysis of *DR4* A1322G polymorphism

It is clear from the agarose gel electrophoresis and gel documentation for *DR4* A1322G ARMS-PCR products that there are three different genotypes in the studied groups of colorectal cancer patients and controls are shown in table 3.6. In order to find the genotype percentages, allele frequency and other statistical evaluation of the *DR4* A1322G in the groups, all the results were entered in SPSS Version 20.0.

The genotyping for *DR4* gene 1322 A/G was done. All the genotypes of the patients and controls were deviating from Hardy-Weinberg equilibrium with  $p$  value = 0.0001 and  $p = 0$  respectively. The homozygous CC genotype of the major allele was higher 35.85% in the patients than in controls 35.55%. There was statistically insignificant difference  $p = 0.975$  ( $p > 0.05$ ). The heterozygous CT genotype was also greater in patients as compared to control group i.e., 30.19% in patients and 28.88% in controls. This difference was statistically insignificant  $p = 0.86477904$  ( $p$  value  $> 0.05$ ). Similarly, the homozygous genotype TT of the minor allele had higher percentage in controls 35.55% as compared to patients 33.96%. This difference was also statistically insignificant  $p = 0.849$  ( $p$  value  $> 0.05$ ).

#### 3.3.2 Allele frequencies

The percentage of the minor allele T was higher in controls 0.5% than in patients 0.490%. Moreover the major allele percentage was higher 0.509% as compared to 0.5% in patients. The allele frequencies of C and T allele are mentioned in table 3.7.



**Figure 3.7:** ARMS-PCR gel picture of *DR4* 1322 C/T genotype, Lane 1 showing 100 base pair ladder; two wells are considered as a single sample, sample 1 showing homozygous CC, sample 2 showing homozygous TT, sample 4 showing heterozygous CT



**Table 3.6:** Number and percentage of total subjects, controls and patients with their genotypes for *DR4* A1322G polymorphism

Group	<i>DR4</i> A1322G genotypes percentage		
	CC	CT	TT
<b>Patients</b>	35.85%	30.19%	33.96%
Expected H-W frequencies	26.03%	49.98%	23.99%
<b>Controls</b>	35.55%	28.88%	35.55%
Expected H-W frequencies	24.27%	49.99%	25.74%
<i>p</i> -value of patients and controls	0.974	0.864	0.849

**Table 3.7:** The allele frequencies of C and T allele of *DR4* A1322G in CRC patients and Controls

Group	Allele frequency	
	C	T
<b>Patients</b>	0.509	0.490
Expected H-W frequencies	163(50.62)	159 (49.38)
<b>Controls</b>	0.5	0.5
Expected H-W frequencies	98 (50%)	98(50%)
<i>p</i> -value of patients and controls	0.973	1

# **Chapter 4**

## **DISCUSSION**

## DISCUSSION

Colorectal cancer is a complicated disease and emerging evidence suggests that dietary and lifestyle habits as well as genetic/epigenetic and somatic mutations play a contributory role. Colorectal carcinoma is the cancer of colon and rectum and is most prevalent among different populations, several risk factors have been identified which are instrumental in disease development. Worldwide, almost 1.2 and 1.7 million new cases of colorectal cancer were diagnosed in 2008 and 2012 respectively. Colorectal cancer has been proved as a significant problem for global health as it is the main reason of morbidity and mortality (Zhang *et al.*, 2014).

In this study with colorectal cancer, the percentage of colon cancer was higher than rectum due to the reason that rectal cancer has a high prevalence in males whereas colon cancer effect both sexes equally. It is relevant to mention that males were significantly more affected as a result of their working habits and diet intake. According to histopathology moderately differentiated cancer had the highest percentage than well differentiated and poorly differentiated. Similarly the percentage of above 35 was higher as the frequency of getting colorectal cancer increases with age, with ninety percent of cases arise after 50 years of age (Cappell, 2003).

Several studies conducted on *TRAIL* gene C1595T polymorphism to find association with different diseases; breast cancer (Yildiz *et al.*, 2010), fatty liver disease (Yan *et al.*, 2009), prostate cancer (Mi *et al.*, 2011) and sporadic breast tumour (Pan *et al.*, 2011). In this study with colorectal cancer, the homozygous genotype of the minor allele T was higher in patients as compared to controls and serves as a risk allele and might be with colorectal cancer development, whereas the CC genotype of the major allele serves as a protective factor but there was no statistical significant difference of both genotypes in Pakistani population and in heterozygous CT, T allele over rides the effect of C allele and might be associated with increase CRC progression. Contrarily CT and TT genotypes were significantly lower in gastric cancer patients than in healthy controls in Chinese Han population (Wang *et al.*, 2013). Yalim *et al.* (2012) reported a significant association of *TRAIL* 1595 C/T genotype with advanced stage colorectal cancer patients but found no significant difference between patients and healthy controls.

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The *DR4* C626G polymorphism is the most extensively studied polymorphism in the literatures. Horaka *et al.* (2005) reported no association between 626C/G polymorphism and susceptibility to ovarian cancer. *DR4* exon 4 G/G genotype was associated with an overall decreased risk of bladder cancer in Caucasians (Hazra *et al.*, 2003). Similarly there is no association between C626G polymorphism and bladder cancer in Spain (Martinez-Ferrandisa *et al.*, 2007). In this study the homozygous CC genotype had a significantly higher percentage and is a risk factor whereas the GG genotype of the minor allele serves as a protective factor because of its higher percentage in control group. In heterozygous carriers the G allele over rides the effect of the C allele and is related with increased cancer susceptibility. Contrastingly Frank *et al.* (2006) reported that the heterozygous carrier of *DR4* C626G showed a significant association with decreased colorectal cancer risk. A meta-analysis by Chen *et al.* (2014) reported that C626G polymorphism is associated with cancer risk in Caucasians.

In this study, *DR4* C1322T polymorphism is not associated with susceptibility to colorectal cancer in Pakistani population. A study conducted by Martinez-Ferrandisa *et al.* (2007) reported no association between C1322T polymorphism and breast cancer in Spanish population and similarly no association with lung cancer in Turkish population (Tastemir Korkmaz *et al.*, 2013). Contrastingly there was significant association between C1322T polymorphism and Mantle cell lymphoma and chronic lymphocytic leukemia patients than in a sex and age matched healthy controls (Fernandez *et al.*, 2004).

To summarize, our investigation on *DR4* gene polymorphisms, A1322G showed no statistically significant association between colorectal cancer patients and controls. Whereas the homozygous genotypes CC and GG of C626G were statistically significant and might be associated with colorectal cancer development. Most of genes, had a role on apoptotic pathway, must be researched and the study samples must be kept large in number.

## Conclusion

DR4 626 C/G polymorphism was found to be associated with CRC patients in our study group comprised of Pakistani population but no association was found for 1322 C/T SNP in the group. It is also interesting that the highly investigated TRAIL SNP 1595 C/T polymorphism in cancer patients has not been associated with CRC in our study group.

## Future prospects

- Future studies must converge on transcriptional and post-transcriptional regulation of *TRAIL* and *DR4* genes in our population.
- We also do not have any information regarding epigenetic modifications associated with *TRAIL* and *DR4* genes.
- It will be essential to investigate chemotherapeutic efficacy and response of different patients to different combinations of drugs.

# **Chapter 5**

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